

DECEMBER

MOON SIGN			ACTIVATED ELEMENT	PART OF THE PLANT		INFLUENCE ON THE HAIR	INFLUENCE ON COLOURING	INFLUENCE ON THE SKIN	
WEEK 49									
Pg	Tue 1	♏	Heat	Fruit	Moon waning ☾				
	Wed 2	♍	Heat/Earth	Fruit/Root		10:00		10:00	
	Thu 3	♍	Earth	Root					
	Fri 4	♍	Earth	Root					
	Sat 5	♍	Earth	Root					
WEEK 50									
	Sun 6	♌	Light	Flower	Moon waning ☾	01:00		01:00	
	Mo 7	♎	Light/Water	Flower/Leaf			12:00		12:00
	Tue 8	♎	Water	Leaf					
●	Wed 9	♎	Water	Leaf					
	Thu 10	♊	Water/Heat	Leaf/Fruit			04:00		
	Fri 11	♊	Heat	Leaf/Fruit					
	Sat 12	♋	Heat/Earth	Fruit/Root					
WEEK 51									
	Sun 13	♋	Earth	-	Moon waxing ☾				
♏	Mo 14	♋	Earth	Root					
	Tue 15	♌	Light	Flower			00:00		
	Wed 16	♌	Light	Flower					
	Thu 17	♊	Water	Leaf		00:00	00:00		
	Fri 18	♊	Water	Leaf					
	Sat 19	♋	Water/Heat	Leaf/Fruit		22:00			
WEEK 52									
	Sun 20	♋	Heat	Fruit	Moon waning ☾				
	Mo 21	♏	Heat/Earth	Fruit/Root					
	Tue 22	♏	Earth	Root					
	Wed 23	♌	Earth/Light	Root/Fruit					
Pg	Thu 24	♌	Light	Flower			21:00	21:00	21:00
	Fri 25	♎	Light/Water	Flower/Leaf				19:00	19:00
	Sat 26	♎	Water	Leaf					
WEEK 53									
♏	Sun 27	♏	Water/Heat	Leaf/Fruit	Moon waning ☾			13:00	
	Mo 28	♏	Heat	Fruit					
	Tue 29	♍	Heat/Earth	Fruit/Root		17:00		17:00	17:00
	Wed 30	♍	Earth	Root					
	Thu 31	♍	Earth	Fruit/Root		00:00	00:00	00:00	

INFLUENCE ON THE HAIR

-  Haircut to strengthen the hair and delay hair loss
-  Haircut to promote rapid growth
-  Curl-enhancing treatments
-  Haircut to close hair ends

INFLUENCE ON COLOURING

-  Colour brightness
-  Colour permanence
-  More intense colour

INFLUENCE ON THE SKIN

-  Depilation to delay hair growth

 **Brightening:** waxing, best in the morning

 **Detox:** waxing, best in the morning

 **Anti-ageing:** waning: best in the afternoon and evening

 **Sensitive:** waning: best in the afternoon and evening

 **Draining:** waning: best in the afternoon and evening

 **Tired Legs:** waning: best in the afternoon and evening

 **Firming:** waning: best in the afternoon and evening

 **Bust treatment:** waning: best in the afternoon and evening

STAR SIGNS

  	Pisces Cancer Scorpio	WATER LEAF
  	Gemini Libra Aquarius	LIGHT/AIR FLOWER
  	Taurus Virgo Capricorn	EARTH ROOT
  	Aries Leo Sagittarius	FIRE/HEAT FRUIT, SEED

PHASES

 FULL MOON

 NEW MOON

 NORTH NODE

 SOUTH NODE

Pg PERIGEE

Ag APOGEE

 ECLIPSE

It is advisable to avoid working on unfavourable days, such as days when a node, perigee, apogee or eclipse occurs.