

# MARCH

MOON SIGN	ACTIVATED ELEMENT	PART OF THE PLANT		INFLUENCE ON THE HAIR	INFLUENCE ON COLOURING	INFLUENCE ON THE SKIN	
<b>WEEK 10</b>							
Sun 1	♋	Water/Heat	Leaf/Fruit	Moon waning ☾	00:00	19:00	
Mon 2	♋	Heat	Fruit				
☉☿ Tue 3	♋	Heat	Fruit				
Wed 4	♌	Heat/Earth	Fruit/Root		09:00	09:00	08:00
Thu 5	♌	Earth	Root/Flower				
Fri 6	♌	Earth	Root				
Sat 7	♌	Earth	Root				
<b>WEEK 11</b>							
Sun 8	♍	Light	Flower	Moon waxing ☽	01:00	01:00	
Mon 9	♍	Light/Water	Flower/Leaf			13:00	13:00
Tue 10	♍	Water	Flower/Leaf				
Wed 11	♍	Water	Leaf				
Thu 12	♎	Water/Heat	Leaf/Fruit		05:00		
Fri 13	♎	Heat	Fruit				
Sat 14	♎	Heat/Earth	Fruit/Root				
<b>WEEK 12</b>							
Sun 15	♏	Earth	Root	Moon waxing ☽			
Mon 16	♏	Earth/Light	Root/Flower		19:00		
☊ Tue 17	♏	Light	Flower		16:00	16:00	
Wed 18	♐	Light/Water	Flower/Leaf				
● Thu 19	♐	Water	Leaf				
Fri 20	♐	Water	Leaf				
Sat 21	♑	Water/Heat	Fruit/Flower		07:00		
<b>WEEK 13</b>							
Pg Sun 22	♑	Heat	-	Moon waning ☾			
Mon 23	♒	Earth	Root				
Tue 24	♒	Earth	Root				
Wed 25	♓	Earth/Light	Flower		14:00	14:00	14:00
Thu 26	♓	Light	Flower				
Fri 27	♐	Light/Water	Flower/Leaf			14:00	14:00
Sat 28	♐	Water	Leaf				
<b>WEEK 14</b>							
Sun 29	♋	Heat	Fruit	Moon waning ☾		01:00	
☉ Mon 30	♋	Heat	Fruit				
Tue 31	♌	Heat/Earth	Fruit/Root		24:00	17:00	

## INFLUENCE ON THE HAIR

-  Haircut to strengthen the hair and delay hair loss
-  Haircut to promote rapid growth
-  Curl-enhancing treatments
-  Haircut to close hair ends

## INFLUENCE ON COLOURING

-  Colour brightness
-  Colour permanence
-  More intense colour

## INFLUENCE ON THE SKIN

-  Depilation to delay hair growth

 **Brightening:** waxing, best in the morning

 **Detox:** waxing, best in the morning

 **Anti-ageing:** waning: best in the afternoon and evening

 **Sensitive:** waning: best in the afternoon and evening

 **Draining:** waning: best in the afternoon and evening

 **Tired Legs:** waning: best in the afternoon and evening

 **Firming:** waning: best in the afternoon and evening

 **Bust treatment:** waning: best in the afternoon and evening

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## STAR SIGNS

 Pisces  Cancer  Scorpio	<b>WATER</b> LEAF
 Gemini  Libra  Aquarius	<b>LIGHT/AIR</b> FLOWER
 Taurus  Virgo  Capricorn	<b>EARTH</b> ROOT
 Aries  Leo  Sagittarius	<b>FIRE/HEAT</b> FRUIT, SEED

## PHASES

 FULL MOON

 NEW MOON

 NORTH NODE

 SOUTH NODE

**Pg** PERIGEE

**Ag** APOGEE

 ECLIPSE

*It is advisable to avoid working on unfavourable days, such as days when a node, perigee, apogee or eclipse occurs.*