








APRIL

MOON SIGN	ACTIVATED ELEMENT	PART OF THE PLANT		INFLUENCE ON THE HAIR	INFLUENCE ON COLOURING	INFLUENCE ON THE SKIN	
WEEK 14							
	Wed 1 ♃	Earth	Root	Luna descendente ☾	00:00	00:00	00:00 10:00
☉	Tue 2 ♃	Earth	Root				
	Fri 3 ♃	Earth	G. Friday				
	Sat 4 ♌	Earth/Light	Root/Flower		01:00	10:00	10:00 08:00 10:00
WEEK 15							
	Sun 5 ♉	Light/Water	Flower/Leaf	Luna descendente ☾		20:00	20:00
	Lu 6 ♉	Water	Leaf				
	Ma 7 ♉	Water	Flower/Leaf				
	Wed 8 ♋	Water/Heat	Leaf/Fruit			13:00	
	Tue 9 ♋	Heat	Fruit				
	Fri 10 ♋	Heat	Fruit				
	Sat 11 ♌	Earth	Root				
WEEK 16							
	Sun 12 ♌	Earth	Root	Luna ascendente ☽			
	Lu 13 ♍	Earth/Light	Root/Flower			16:00	
☾	Ma 14 ♍	Light	Flower			03:00 03:00	
	Wed 15 ♎	Light/Water	Flower/Leaf			18:00	
	Tue 16 ♎	Water	Leaf				
●	Fri 17 ♏	Water/Heat	Leaf/Fruit				
	Sat 18 ♏	Heat	Fruit				
WEEK 17							
Pg	Sun 19 ♏	Heat/Earth	Root	Luna descendente ☾			
	Lu 20 ♏	Earth	Root				
	Ma 21 ♏	Earth/Light	Root/Flower			20:00	20:00 20:00
	Wed 22 ♏	Light	Flower				
	Tue 23 ♏	Light/Water	Flower/Leaf				18:00 18:00
	Fri 24 ♏	Water	Leaf				
	Sat 25 ♏	Water/Heat	Leaf/Fruit				08:00
WEEK 18							
☽	Sun 26 ♏	Heat	Fruit	Luna descendente ☾			
	Lu 27 ♏	Heat	Fruit				24:00
	Ma 28 ♃	Earth	Root			00:00	00:00
	Wed 29 ♃	Earth	Root				
	Jue 30 ♃	Earth	Root			00:00	24:00 00:00

INFLUENCE ON THE HAIR

-  Haircut to strengthen the hair and delay hair loss
-  Haircut to promote rapid growth
-  Curl-enhancing treatments
-  Haircut to close hair ends


INFLUENCE ON COLOURING


-  Colour brightness
-  Colour permanence
-  More intense colour


INFLUENCE ON THE SKIN

-  Depilation to delay hair growth


 **Brightening:** waxing, best in the morning


 **Detox:** waxing, best in the morning

 **Anti-ageing:** waning: best in the afternoon and evening

 **Sensitive:** waning: best in the afternoon and evening

 **Draining:** waning: best in the afternoon and evening

 **Tired Legs:** waning: best in the afternoon and evening

 **Firming:** waning: best in the afternoon and evening

 **Bust treatment:** waning: best in the afternoon and evening

STAR SIGNS

 Pisces  Cancer  Scorpio	WATER LEAF
 Gemini  Libra  Aquarius	LIGHT/AIR FLOWER
 Taurus  Virgo  Capricorn	EARTH ROOT
 Aries  Leo  Sagittarius	FIRE/HEAT FRUIT, SEED

PHASES

 FULL MOON

 NEW MOON

 NORTH NODE

 SOUTH NODE

Pg PERIGEE

Ag APOGEE

 ECLIPSE

It is advisable to avoid working on unfavourable days, such as days when a node, perigee, apogee or eclipse occurs.