

OCTOBER

MOON SIGN			ACTIVATED ELEMENT	PART OF THE PLANT		INFLUENCE ON THE HAIR	INFLUENCE ON COLOURING	INFLUENCE ON THE SKIN	
WEEK 40									
Pg	Thu 1	♄	Earth	Root	☾				
	Fri 2	♊	Earth/Light	Root/Leaf	Moon waning ☾		23:00		
	Sat 3	♊	Light	Leaf/Flower				04:00	04:00
WEEK 41									
	Sun 4	♊	Light/Water	Flower/Leaf				22:00	22:00
	Mo 5	♊	Water	Leaf					
	Tue 6	♋	Water/Heat	Leaf/Fruit				10:00	
☾	Wed 7	♋	Heat	Fruit					
	Thu 8	♋	Heat	Fruit					
	Fri 9	♌	Earth	Root		00:00		00:00	
●	Sat 10	♌	Earth	Root					
WEEK 42									
	Sun 11	♌	Earth	Root					
	Mo 12	♌	Earth/Light	Root/Flower		13:00	13:00	13:00	
	Tue 13	♌	Light/Water	Flower/Leaf			23:00	23:00	
	Wed 14	♌	Water	Leaf					
	Thu 15	♌	Water	Leaf					
	Fri 16	♋	Water/Heat	Leaf/Flower			13:00		
	Sat 17	♋	Heat	Flower/Fruit					
WEEK 43									
	Sun 18	♋	Heat	Fruit					
	Mo 19	♌	Heat/Earth	Fruit/Root					
	Tue 20	♌	Earth	Root					
☾	Wed 21	♌	Earth/Light	Root/Flower	☾		14:00		
	Thu 22	♌	Light	Flower					
	Fri 23	♊	Light/Water	Flower/Leaf		08:00	08:00		
	Sat 24	♊	Water	Leaf					
WEEK 44									
	Sun 25	♊	Water	Leaf					
○	Mo 26	♋	Heat	Fruit		01:00			
Pg	Tue 27	♄	Heat/Earth	Fruit					
	Wed 28	♄	Earth	Root					
	Thu 29	♄	Earth	Root					
	Fri 30	♊	Earth/Light	Root/Flower					
	Sat 31	♊	Light	Flower					

INFLUENCE ON THE HAIR

-  Haircut to strengthen the hair and delay hair loss
-  Haircut to promote rapid growth
-  Curl-enhancing treatments
-  Haircut to close hair ends

INFLUENCE ON COLOURING

-  Colour brightness
-  Colour permanence
-  More intense colour

INFLUENCE ON THE SKIN

-  Depilation to delay hair growth

 **Brightening:** waxing, best in the morning

 **Detox:** waxing, best in the morning

 **Anti-ageing:** waning: best in the afternoon and evening

 **Sensitive:** waning: best in the afternoon and evening

 **Draining:** waning: best in the afternoon and evening

 **Tired Legs:** waning: best in the afternoon and evening

 **Firming:** waning: best in the afternoon and evening

 **Bust treatment:** waning: best in the afternoon and evening

STAR SIGNS

  	Pisces Cancer Scorpio	WATER LEAF
  	Gemini Libra Aquarius	LIGHT/AIR FLOWER
  	Taurus Virgo Capricorn	EARTH ROOT
  	Aries Leo Sagittarius	FIRE/HEAT FRUIT, SEED

PHASES

 FULL MOON

 NEW MOON

 NORTH NODE

 SOUTH NODE

Pg PERIGEE

Ag APOGEE

 ECLIPSE

It is advisable to avoid working on unfavourable days, such as days when a node, perigee, apogee or eclipse occurs.