

NOVEMBER

MOON SIGN		ACTIVATED ELEMENT	PART OF THE PLANT		INFLUENCE ON THE HAIR	INFLUENCE ON COLOURING	INFLUENCE ON THE SKIN
WEEK 45				Moon waning ☾			
	Sun 1	♊	Light/Water			14:00	
	Mo 2	♋	Water/Heat				14:00
♊	Tue 3	♋	Heat				
	Wed 4	♋	Heat				
	Thu 5	♌	Heat/Earth		05:00	05:00	17:00
	Fri 6	♌	Earth				
	Sat 7	♌	Earth				
WEEK 46				Moon waning ☾			
	Sun 8	♍	Earth/Light		19:00	19:00	19:00
♋	Mo 9	♍	Light			19:00	
	Tue 10	♎	Light/Water			06:00	06:00
	Wed 11	♎	Water				
	Thu 12	♏	Water/Heat			22:00	
	Fri 13	♏	Heat				
	Sat 14	♏	Heat				
WEEK 47				Moon waxing ☾			
	Sun 15	♐	Heat/Earth				
	Mo 16	♐	Earth				
♏	Tue 17	♑	Earth/Light		17:00		
	Wed 18	♑	Light//Water		17:00	17:00	
	Thu 19	♒	Light/Water				
	Fri 20	♒	Water				
	Sat 21	♒	Water				
WEEK 43				Moon waxing ☾			
	Sun 22	♓	Water/Heat		11:00		
	Mo 23	♓	Heat				
♏	Tue 24	♈	Heat/Earth				
Pg	Wed 25	♈	Earth				
	Thu 26	♉	Earth/Light			14:00	14:00
	Fri 27	♉	Light				
	Sat 28	♊	Light/Water			09:00	09:00
WEEK 49				Moon waxing ☾			
	Sun 29	♋	Water/Heat				
♊	Mo 30	♋	Heat		00:00		

INFLUENCE ON THE HAIR

-  Haircut to strengthen the hair and delay hair loss
-  Haircut to promote rapid growth
-  Curl-enhancing treatments
-  Haircut to close hair ends

INFLUENCE ON COLOURING

-  Colour brightness
-  Colour permanence
-  More intense colour

INFLUENCE ON THE SKIN

-  Depilation to delay hair growth

 **Brightening:** waxing, best in the morning

 **Detox:** waxing, best in the morning

 **Anti-ageing:** waning: best in the afternoon and evening

 **Sensitive:** waning: best in the afternoon and evening

 **Draining:** waning: best in the afternoon and evening

 **Tired Legs:** waning: best in the afternoon and evening

 **Firming:** waning: best in the afternoon and evening

 **Bust treatment:** waning: best in the afternoon and evening

STAR SIGNS

  	Pisces Cancer Scorpio	WATER LEAF
  	Gemini Libra Aquarius	LIGHT/AIR FLOWER
  	Taurus Virgo Capricorn	EARTH ROOT
  	Aries Leo Sagittarius	FIRE/HEAT FRUIT, SEED

PHASES

 FULL MOON

 NEW MOON

 NORTH NODE

 SOUTH NODE

Pg PERIGEE

Ag APOGEE

 ECLIPSE

It is advisable to avoid working on unfavourable days, such as days when a node, perigee, apogee or eclipse occurs.